

# DAGBREEK

MANSKOSHUIS | MEN'S RESIDENCE



## WELCOMING BOOKLET

JANUARY 2025 | ISSUE 104 | NEW EDITION

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# VICE-PRIM'S LETTER

Dear Dagbreker,

What an incredible honour it is to officially welcome you into Dagbreek Men's Residence. I want to congratulate you on your acceptance into Stellenbosch University, and also into the House of Renown and Fame.

After 3 years in Dagbreek, I can honestly say that it has been the most constructive, exciting, and best years of my life. Dagbreek has provided me with the opportunity to build lasting relationships, learn invaluable skills and grow in all facets of my life.

The power of Dagbreek, with its unique character, lies in its diversity and the creation of opportunities for every and any individual. I can assure you that Dagbreek will provide you with endless opportunities to thrive in. Thus, I want to encourage you to grasp every opportunity that comes your way and buy in to the vision of Dagbreek as we take this House to new heights. There truly is a place for everyone in Dagbreek.

In Dagbreek we strive to be well-rounded individuals in the areas of academics, culture, sports, citizenship and leadership while we portray our values of respect; human dignity; brotherhood; equality and unity in our everyday lives.

We are honoured to receive you into our Home, and we look forward to embarking on this journey with you. For now, enjoy the rest of your holidays and the build-up to an exciting new chapter in your life.

Kind regards,  
Janneman Slabbert



# BRIEF VAN DIE ONDERPRIM

Beste Dagbreker,

Dit is 'n ongelooflike eer om jou amptelik by Dagbreek Manskoshuis te verwelkom. Ek wil jou gelukwens met jou keuring tot Stellenbosch Universiteit, en ook tot die Huis van Roem en Faam.

Na 3 jaar in Dagbreek kan ek eerlikwaar sê dat dit die mees konstruktiewe, opwindende, en beste jare van my lewe was sover. Dagbreek het my die geleentheid gebied om blywende verhoudings te bou, te presteer op verskeie velde en ook waardevolle vaardighede te leer.

Die krag van Dagbreek, met sy unieke karakter, lê in sy diversiteit en die skepping van geleenthede vir elke individu. Ek kan jou verseker dat Dagbreek jou onophoudelik sal voorsien van geleenthede om te floreer. Daarom wil ek jou aanmoedig om elke geleentheid wat kom, aan te gryp op jou manier en in te koop in die Dagbreek leefwyse terwyl ons hierdie wonderlike huis na selfs groter hoogtes neem. Daar is werklik 'n plek vir almal in Dagbreek.

In Dagbreek streef ons daarna om afgeronde individue te wees op die gebiede van akademie, kultuur, sport, burgerskap en leierskap. Ons doen dit terwyl ons ons waardes van respek, menswaardigheid, broederskap, gelykheid en eenheid in ons alledaagse lewens uitleef.

Ons is geëerd om jou in ons Huis te ontvang, en ons sien uit daarna om saam met jou die pad vorentoe te stap. Geniet vir eers die res van jou vakansie en die opbou na 'n opwindende nuwe hoofstuk in jou lewe.

Vriendelike groete,  
Janneman Slabbert



# PRELIMINARY DATES

We are happy to announce that we have set out an exciting Welcoming Program for 2025! During the days leading up to the official start of the academic year, we will be introducing you to Dagbreek and Stellenbosch. This will ensure that you get a head start to everything the year has in store for you.

The following dates are important:

- Due to their academic programme starting earlier, our Law students can move into Dagbreek on Tuesday, 28 January 2025 from 14:00 onwards.
- The rest of the students are allowed to move in on Wednesday, 29 January 2025 between 08:00-12:30.

We would like to invite all of the newcomers and parents to join us for a parents meeting at 12:45 followed by a lunch from 13:15-14:15 on the 29th of January as well.

Please note that the Connect Event (Vensters) will be taking place on Saturday, 8 February 2025 from 12:00-23:00 at Welgevallen Sports Grounds.

## GET IN TOUCH THROUGH EMAIL OR SOCIAL MEDIA:

1



Personal Email

2



Instagram

3



Facebook

4



Official Website



# MENTORS IN DAGBREEK

Dear Future Dagbreker,

I remember my first day at Dagbreek like it was yesterday. Standing in front of the massive four-walled building, I felt a mix of excitement and nerves. Starting a new chapter 1,500 km away from family and friends was daunting, but also thrilling. Welcoming week was a whirlwind—meeting countless new faces, finding my way around campus, and learning how to navigate laundry rooms and meal bookings. Thankfully, I had a mentor to guide me through it all. Before long, Dagbreek became my home away from home.

This is the experience that awaits many newcomer students during their first few months as a Matie and a Dagbreker.

The role of the mentor team—22 dedicated senior students—is to guide and support you as you adjust to this new environment. Your mentor will be your go-to person throughout the year, here to answer questions, offer advice, and provide a listening ear. Mentoring is a cornerstone of Dagbreek's welcoming program because we understand that this is a big step for both you and your family. It's an exciting transition, but it often comes with uncertainties and challenges. Your mentor is here to support you as you embark on this new journey.

Parents and guardians are also welcome to contact your mentor with any questions or concerns during or after welcoming. We are always here to help.

Dagbreek and Stellenbosch University offer a vibrant and enriching environment. You'll have the chance to meet people from all corners of South Africa and the world—individuals with diverse opinions, beliefs, and perspectives. On and off campus, you'll find countless opportunities to explore your passions, engage in activities, and build friendships that often last a lifetime. Our goal is to create a welcoming space where every newcomer can find a sense of belonging.

In just a few months, you'll begin a journey filled with new friendships, unforgettable memories, and incredible opportunities. While the road ahead may have its ups and downs, rest assured that you won't be walking it alone. We, the mentor team, are here to guide and support you every step of the way, and we look forward to seeing you thrive during your time in Dagbreek.

If you have any questions or concerns, please don't hesitate to reach out to me. I'm here to help and look forward to welcoming you to our community.

**Waldo Pienaar**  
**Head Mentor 2024/ 2025**



# MENTORS IN DAGBREEK

Beste Toekomstige Dagbreker,

Ek onthou nog my eerste dag in Dagbreek. Toe ek voor die groot vierkantige gebou gestaan het, het ek 'n mengsel van opgewondenheid en senuwees ervaar. Om 'n nuwe hoofstuk 1,500 km weg van my familie en vriende te begin, was oorweldigend, maar ook vol opwinding. Die verwelkomingsweek was 'n warrelwind—om talle nuwe mense te ontmoet, die kampus te leer ken, en uit te vind hoe om wasgoed te doen en etes te bespreek. Gelukkig het ek 'n mentor gehad wat my deur alles gelei het. Dagbreek het vinnig 'n plek geword waar ek kon tuis voel.

Dit is die ervaring wat baie nuweling-studente in hul eerste paar maande as 'n Matie en 'n Dagbreker te wagte kan wees.

Die rol van die mentor-span—22 toegewyde senior studente—is om jou te lei en te ondersteun terwyl jy by hierdie nuwe omgewing aanpas. Jou mentor sal jou vertroueling deur die jaar wees, iemand wat altyd daar is om jou vrae te beantwoord, raad te gee en 'n oor te leen. Mentorskap is 'n hoeksteen van Dagbreek se verwelkomingsprogram omdat ons verstaan hoe groot hierdie stap vir jou en jou familie is. Dit is 'n opwindende oorgang, maar dit bring soms ook onsekerhede en uitdagings mee. Jou mentor is daar om die pad vir jou makliker te maak.

Ouers en voogde is ook welkom om jou mentor te kontak indien hulle enige vrae of bekommernisse het, tydens of ná die verwelkoming. Ons is altyd hier om te help.

Dagbreek en die Universiteit Stellenbosch bied 'n lewendige en verrykende omgewing. Jy sal die geleentheid kry om mense van regoor Suid-Afrika en die wêreld te ontmoet—mense met uiteenlopende menings, oortuigings en perspektiewe. Op en buite die kampus is daar talle geleenthede om jou passies te verken, deel te neem aan aktiwiteite, en vriendskappe te bou wat dikwels 'n leeftyd duur. Ons doel is om 'n verwelkomende ruimte te skep waar elke nuweling 'n gevoel van behoort kan vind.

In net 'n paar maande begin jy 'n reis gevul met nuwe vriendskappe, onvergeetlike herinneringe en ongelooflike geleenthede. Al sal die pad soms uitdagings inhou, kan jy verseker wees dat jy dit nie alleen hoef te stap nie. Ons, die mentor-span, is hier om jou elke tree van die pad te ondersteun en te lei, en ons sien uit daarna om jou te sien floreer in jou tyd as 'n Dagbreker.

As jy enige vrae of bekommernisse het, moet asseblief nie huiwer om my te kontak nie. Ek is hier om te help en sien uit daarna om jou in ons gemeenskap te verwelkom.

**Waldo Pienaar**  
Hoofmentor 2024/ 2025



# **STRATEGIC ADVISOR'S LETTER**

WELCOME TO DAGBREEK!

TO ALL THE NEWCOMERS - CONGRATULATIONS ON BEING PLACED IN THE HOUSE OF RENOWN AND FAME! YOU HAVE ALREADY SET FOOT ON A PATH THAT MANY ONLY DREAM OF, AND NOW IT IS TIME TO EMBRACE THE ADVENTURE AHEAD.

DAGBREEK IS MORE THAN JUST A PLACE TO STUDY—IT IS A JOURNEY. IT IS A CHANCE TO GROW, TO CHALLENGE YOURSELF, TO FORGE LASTING FRIENDSHIPS, AND TO BUILD A LEGACY. YOU HAVE BEEN CHOSEN TO BE A PART OF SOMETHING EXTRAORDINARY, AND WITH THAT COMES THE RESPONSIBILITY TO MAKE THE MOST OF EVERY MOMENT.

IN THE HOUSE OF RENOWN AND FAME, YOUR ACTIONS AND CHOICES WILL SHAPE YOUR EXPERIENCE. SO, DO NOT JUST GO THROUGH THE MOTIONS. MAKE A CONSCIOUS DECISION, EACH DAY, TO SEIZE EVERY OPPORTUNITY—TO LEARN, TO CONTRIBUTE, TO ENGAGE, AND TO CREATE MEMORIES THAT WILL LAST A LIFETIME.

THIS IS A TIME FOR MORE THAN JUST EARNING A DEGREE. IT IS ABOUT BECOMING THE PERSON YOU WANT TO BE, FORGING CONNECTIONS THAT WILL DEFINE YOUR FUTURE, AND LEAVING A MARK THAT WILL BE REMEMBERED LONG AFTER YOU HAVE GRADUATED.

SO, TAKE A DEEP BREATH, STEP FORWARD WITH CONFIDENCE, AND KNOW THAT YOUR TIME HERE WILL BE WHAT YOU MAKE OF IT.

LET THE JOURNEY BEGIN AND MAKE IT ONE YOU WILL NEVER FORGET!

WELCOME TO DAGBREEK AND WELCOME TO YOUR FUTURE.

- TIA BRUWER

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# **BRIEF VAN DIE STRATEGIESE ADVISEUR**

WELKOM BY DAGBREEK!

AAN ALLE NUWE INWONERS – BAIE GELUK MET JOU PLASING IN DIE HUIS VAN ROEM EN FAAM! JY HET IETS BESONDERS BEREIK, EN DIE PAD WAT VOORLÊ IS EEN VAN ONGELOOFLIKE GELEENTHEDE EN ONVERGEETLIKE ERVARINGS. DAGBREEK IS MEER AS NET 'N PLEK OM TE STUDEER; DIT IS 'N REIS VAN SELFONTDEKKING EN GROEI. MAAR OM DIE VOLLE POTENSIAAL VAN HIERDIE REIS TE BENUT, MOET JY 'N AKTIEWE BESLUIT NEEM OM ELKE OOMBLIK AAN TE GRYP. MOET NIE TOELAAT DAT DIE DAE SOMMER NET VERBYGAAN NIE. BETREK JOUSELF IN DIE GEMEENSAP, SOEK NUWE ERVARINGS, EN DAAG JOUSELF UIT OM BUIE JOU GEMAKSONE TE BEWEEG. ELKE DAG IS 'N KANS OM IETS NUUTS TE LEER, IETS WAARDEVOLS BY TE DRA, EN HERINNERINGE TE BOU WAT 'N LEEFTYD SAL HOU.

OM IN DIE HUIS VAN ROEM EN FAAM GEPLAAS TE WORD, IS 'N EER, EN MET DIÉ EER KOM DIE VERANTWOORDELIKHEID OM IETS BETEKENISVOLS TE BEREIK. HIERDIE REIS GAAN OOR MEER AS NET DIE VERWERF VAN 'N GRAAD. DIT IS OOR DIE PERSOON WAT JY WIL WEES, DIE VRIENDSKAPPE WAT JY SAL BOU, EN DIE NALATENSKAP WAT JY SAL AGTERLAAT. DIT IS NOU DIE TYD OM JOUSELF UIT TE DAAG, OM RISIKO'S TE NEEM, EN OM JOU TOEKOMS TE VORM.

SO, MAAK DIE BESLUIT OM ELKE SEKONDE VAN JOU TYD HIER TE BENUT. BETREK JOUSELF, GAAN OP SOEK NA NUWE UITDAGINGS, EN MAAK HERINNERINGE WAT VIR ALTYD DEEL VAN JOU SAL WEES. WANNEER JY UITEINDELIK HIER VERTREK, MAAK SEKER DAT JY NIE NÉT MET 'N GRAAD VERTREK NIE, MAAR MET 'N RYKE SKAT VAN ERVARINGS, LEWENSLANGE VERHOUDINGS EN 'N OPWINDENDE TOEKOMS.

WELKOM BY DAGBREEK, WELKOM BY JOU TOEKOMS!

- TIA BRUWER

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**"WE MAY NOT PRIDE  
OURSELVES IN THE  
ACHIEVEMENTS WHICH  
HAVE ALREADY BEEN  
ACCOMPLISHED. OUR  
SILENT FAME LIES IN THE  
ACHIEVEMENTS THAT  
MUST STILL BE  
ACCOMPLISHED"**

*THE EIFFEL, OCTOBER 1963*



# CHECKLIST

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## REMEMBER THE FOLLOWING ITEMS:

- Suit, Tie and Button-up Shirt
- Formal/Chino pants
- Exercise Clothes and Shoes
- Two tennis balls (for quad cricket)
- R765 for Dagbreek Clothing (*See page 11*)

## SPORTS OFFERED BY DAGBREEK:

- Rugby
- Squash
- Frisbee
- Cricket
- Tennis
- Soccer
- Golf
- Table Tennis
- Basketball
- Hockey
- Waterpolo
- Chess

## PARKING FOR NEWCOMERS

The university has requested that we advise all newcomers **against** bringing cars to the campus unless absolutely necessary. Stellenbosch has a shortage of parking. As per the university rules residents of Dagbreek will only be able to register for official parking at Dagbreek from their second year onward.



# IMPORTANT



## NEW PAYMENT OPTIONS

Cashless payment options are used for all inhouse payments. **We strongly recommend and urge newcomers to download the SnapScan application** in order to safely and efficiently deal with payments that need to be made to Dagbreek's Treasury Department. White shocks and black exercise shorts will also be sold for those who don't have already. The R765 for a Dagbreek shirt, tie, hat and shorts can be paid for in the following ways:

### PRIOR TO ARRIVAL:

1

SnapScan  
QR Code

2

SnapScan  
"Pay with card"



**Follow the Link and  
Select Pay with Card**  
<https://pos.snapscan.io/qr/SUDAGBREEK>

### ON ARRIVAL:

1

 SnapScan

2

Cash 

**AMOUNT: R765**  
**REFERENCE: "STUDENT NUMBER"**  
**THE FINAL DATE FOR PAYMENTS**  
**1 FEBRUARY 2025**

# INSIDE THE ROOMS

## ROOM ALLOCATIONS

You will be allocated to a double room with a roommate based on the questionnaire you fill in. We will match you with the best suited roommate for you. All newcomers live in double rooms for your first year and as you become older and earn room-points you have the opportunity to decide whether you want to stay in our senior flats which do have single rooms.

## FURNITURE PROVIDED

- Bed frame
- Mattress
- Built-in, double door cupboards
- Bookshelf
- Bed-side cupboard
- Study table
- Chair
- 4 x Electrical sockets

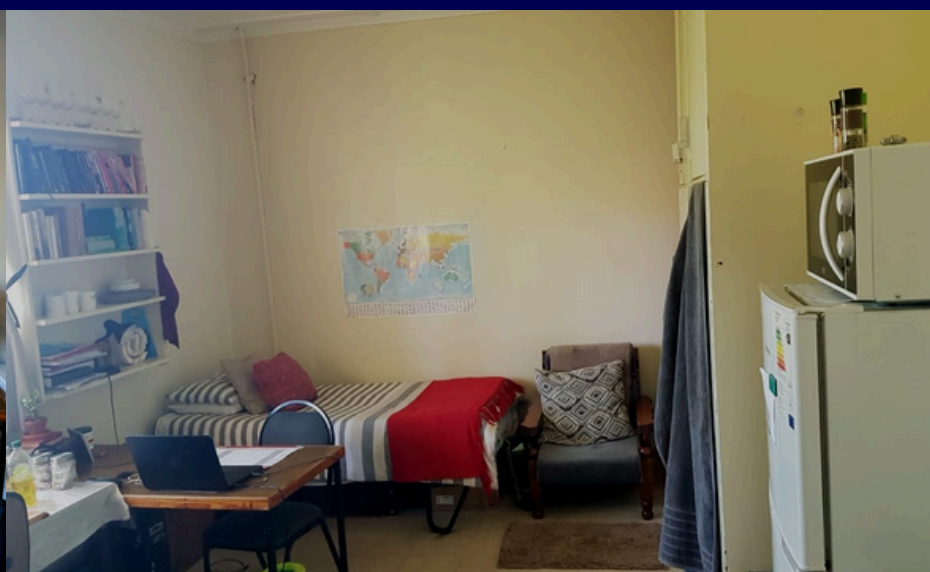
## WHAT TO BRING FOR YOUR ROOM

- Bedding
- Study lamp
- Clothes hangers
- Multi-plug
- Washing powder
- Toiletries
- Towels
- Locks for cupboards and or doors
- Refrigerator (optional)
- Microwave (optional)
- Fan (optional)

\*If you are buying appliances perhaps wait until you meet your roommate so you can determine who has what and whether you can share certain appliances.



Dining hall where meals can be booked.



# NEWCOMER QUESTIONNAIRE

Please complete the following questionnaire in order for us to adjust the room placings and find the best suitable roommates. The questionnaire must be filled in to the best of your ability as it will also serve as record of your most recent personal information which only the HK will have access to.

Use the link (image) to open the questionnaire in your browser in order to access it.



# CONNECT PARTNERS



IRENE

DAGBREEK



GESTIG  
1921

DAGBREEK



ISA CARSTENS

Vensters is one of the biggest events on the University's calendar. For the year 2025, we have the incredible privilege of partnering up with Irene and ISA. At Dagbreek, we work hard to perform to the very best of our abilities in everything we do. We, however, also manage to have a great time, whilst maintaining that competitive spirit. We look forward to yet another amazing Vensters!



Dagstede 2020 (Dagbreek & Heemstede)



## ARK Outreach

Dagbreek will be continuing with a community project in 2025 where we serve underprivileged schools by spending time with the children and engaging in fun games and sports. We have been informed that they experience a shortage of stationary items and school shoes every year as not all the parents are able to afford it. We, as a residence, thus urge all newcomers to bring any of the following items to Dagbreek if possible:

- Colour/Normal Pencils
- Erasers
- Pritt or any glue
- Sharpeners
- School shoes





# VICMEYR CLUSTER

University Residences and commuter student communities (CSCs) are divided into seven different clusters. The communities in each cluster are located near each other and participate in shared initiatives that intend to benefit the students in the cluster.

Dagbreek Men's Residence is part of the VicMeyr Cluster, which consists of six communities along Victoria Street and Hofmeyr Street.

As VicMeyr Cluster, we aim to integrate the respective communities in our cluster, to cultivate a sense of community, and to allow sustainable networks to be created within the cluster. The cluster would like to be an "add-in" identity for students within the cluster; a greater community to be part of, which provides a greater pool of connections and resources to tap into for students.



*Click on their Emblem to see their Instagram Page for more Information*

VicMeyr Cluster consists of Aurora CSC, Dagbreek, Huis Ten Bosch, Lydia, Majuba and Minerva.

Cluster Day, in welcoming, is the first exposure to the newcomers of this new environment and is a day where you will engage with the rest of the communities in VicMeyr.

As a newcomer to Dagbreek, you also have many other events and initiatives to look forward to during the welcoming period, as well as the rest the year. Your Cluster Convenors for 2025 are Braam Greeff and Mienke Rossouw.



**MATIES  
ATHLETICS**

**The Centre for Student Life and  
Learning and Maties Athletics  
present**

# **Cluster Newcomers Athletics meeting**

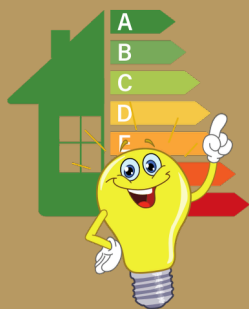


**06 Feb 2025  
17:30 - 20:30  
at Coetzenburg  
Athletics Stadium**



You will be studying at an institution that is actively trying to reduce its carbon footprint. We want to take care of the planet so that it can sustain us and future generations.

Here's a few things you need to know:



- We drastically have to reduce our energy consumption.
- Please only bring along LED study lamps.
- Only use energy efficient appliances - look for the A++ rating, and low Watts.
- In res, you are only allowed to have one 150 liter fridge per room, so wait until you know who you are rooming with before you buy.
- We also do not allow food to be made in the room - there are kitchens and kitchenettes that you can use for this purpose.
- Any faulty equipment can be discarded in the yellow e-waste bins.

- We are located in a drought prone area and are still under **level 2 water restrictions**. This means that we have a quota to use only **80 liters per person a day**.
- To help with this we have a grey water system that catches shower water, treat it and use it to flush the toilets.
- You can help by using ecofriendly personal products and washing powders.
- To further help us keep to the 80 liters, we encourage showering for only 3-5 minutes to reduce the amount of potable water we use.

WHAT IF THIS IS  
THE LAST DROP?



ZERO WASTE TO  
LANDFILL



- Reducing the waste we produce on the campus is another focus. We want to send zero waste to landfill by next year. This means that we have to throw less stuff away.
- Bring only reusable bags, cases and containers that you can store and reuse.
- Be ready to sort the waste you throw away.
- We collect food waste to be composted.
- We have a mixed recyclable container where you can discard empty and dry glass, plastics, cans/tins, paper and cardboard.
- The rest is taken to landfill.

- To further reduce our carbon emissions, we encourage walking and cycling on campus.
- You can hire a Matie bike and get access to secure bicycle sheds around our campus area.
- If you have to drive, we encourage ride sharing.
- If you commute to campus, there are secure periphery parking and shuttles to take you around campus.



For more info and tips follow us  
@su.environmental.sust



# DAGBREEK



STELLENBOSCH

1921 **100** 2021